

St Philip's Anglican Church, Collingwood

Contemplative Service August 30, 2026

Theme: Call and Response

St Philip's
Collingwood



Prelude

Benédiction de Dieu dans la solitude, Harmonies poétiques et religieuses
(Poetic and Religious Harmonies), S.173, Franz Liszt (Spotify, 16.55) (6 minutes)

Introduction **Rev Kathleen**

Welcome

Acknowledgement of Country

Introduction

Explanation of the service: *to listen deeply & respond*

Focus Prayer **Elaine**

God of my integrity, in whom knowledge of truth and passion for justice are one; my heart was sentimental and you cleansed it with your rigorous mercy; my thoughts were rigid and you engaged them with your compassionate mind. Heal my fragmented soul; Teach my naivety; Confront my laziness; and inflame my longing to know your loving discernment and live out your active love, through Jesus Christ **Amen.**

All Desires Known Janet Morley SPCK, 1992, 79

Interlude

Veriditas, from *Journey*, Cath Connolly (Spotify 5.58 m)

Gospel Reading **Matthew 16: 24-26 NRSV Updated**

Linking Exodus 3, Psalm 105, Romans 12 with Gospel reading **Elaine**

Let us listen for the word of God.

The Cross and Self-Denial **(Rev Kathleen and Chris J. to read, in succession)**

²⁴ Then Jesus told his disciples, "If any wish to come after me, let them deny themselves and take up their cross and follow me. ²⁵ For those who want to save their life will lose it, and those who lose their life for my sake will find it. ²⁶ For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

Notes for Response

Discussion of Reading (10min)

Name how the spirit is leading you, no response, criticism or fixing.

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Prayers

In lieu of prayers of the people, the congregation is invited to light candles/tapers. (World, Church, Ourselves and each other, those who have asked for our prayers). From the **list of names and places**, pick one you will aim to pray for during the week and place it in the bowl.

Hymn Christ has no body but ours David Ogden © 2002. **St. Philip's Edit.**

**Christ has no body now but ours,
No hands, no feet on earth but ours.
Ours are the eyes with which he sees
Ours are the feet with which he walks,
Ours are the hands with which he blesses all the world.
Ours are the hands.**

**Christ has no body now but ours,
No hands, no feet on earth but ours.
Ours are the eyes with which he sees
Ours are the feet with which he walks,
Ours are the hands with which he blesses all the world.
Ours are the feet.**

**Christ has no body now but ours,
No hands, no feet on earth but ours.
Ours are the eyes with which he sees
Ours are the feet with which he walks,
Ours are the hands with which he blesses all the world.
Ours are the hands.
Ours are the feet.
Ours are the eyes.**

Contemplation / Meditation (10min) **Elaine**

To meditate, sit still and upright. Close your eyes lightly. Sit relaxed but alert. Silently, interiorly begin to say a single word. We recommend the prayer-phrase, "Maranatha". Say it as four syllables of equal length. Listen to it as you say it, gently but continuously. Do not think or imagine anything – spiritual or otherwise. If thoughts and images come, these are distractions at the time of meditation, so keep returning simply to saying the word.

© The World Community for Christian Meditation

Confession **Rev Kathleen**

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Absolution

Greeting of Peace

We are the body of Christ.

His Spirit is with us.

The peace of the Lord be always with you.

And also with you.

Communion

Bread and wine are brought to the central low table.

We sit or recline, putting ourselves into the space of the Last Supper

We break this bread to share in the body of Christ.

We who are many are one body **for we all share in the one bread.**

Post Communion Prayer

Prayer of Self-Offering

Father, **we offer ourselves as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to Your praise and glory.**

A Collection will be taken during the hymn –

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Hymn TIS 547 Be Thou My Vision

Traditional Irish, Translator: Mary Byrne, 1905, Versifier: Eleanor Hull Alterations by Rory Cooney, ©1992

**Be thou my vision, O Lord of my heart.
Naught is all else to me save that thou art.
Thou my best thought by day and by night,
Waking or sleeping, thy presence my light.**

**Be thou my wisdom, and thou my true word,
I ever with thee, and thou with me Lord,
Thou my heart's great love, and I am thine own,
Thou in me dwelling and I with thee one.**

**Be thou my breastplate, my sword for the fight,
Be thou my dignity, thou my delight,
Thou my soul's shelter, and thou my high tower,
O raise thou me heavenward, O power of my power.**

**Riches I need not nor vain empty praise:
Thou my inheritance now and always,
Thou and thou only the first in my heart,
Ruler of heaven, my treasure thou art.**

**True Light of heaven, when vict'ry is won
may I reach heaven's joys, O bright heav'n's Sun!
Heart of my heart, whatever befall,
Still be my vision, O Ruler of all.**

Final Blessing

Go in peace, singing God's song of possibility and renewal. Grieve what is lost. Nurture what remains. Help us to carry this stillness out into a busy world. + and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among us this day and all days. **Amen**

Go in peace to love and serve the Lord

In the name of Christ, Amen



